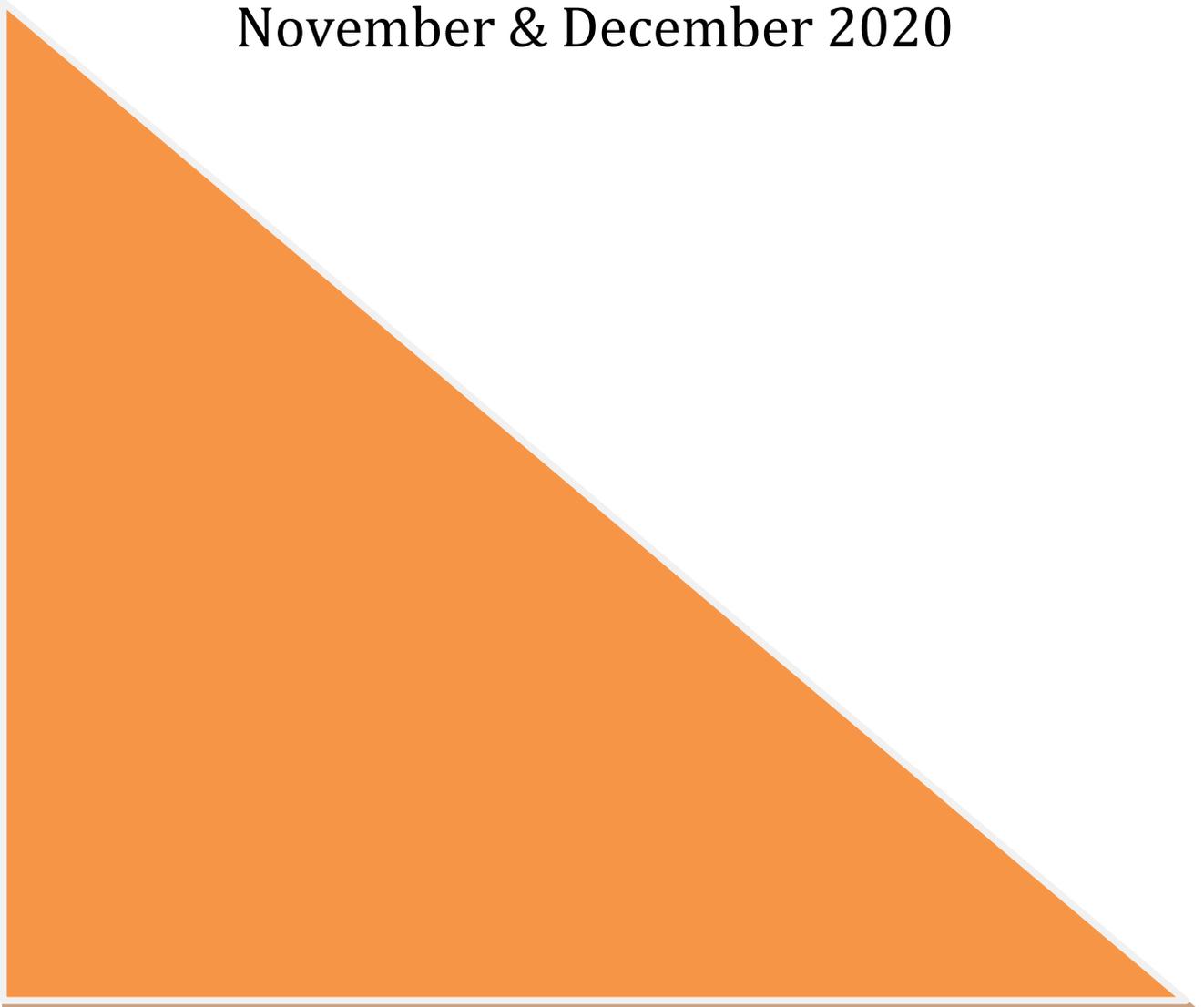


# aarohan

## SAMVAAD

November & December 2020



Ensure children get nutritious food by supporting our campaign.  
To donate: <https://phon.pe/1437790210> or log into: [www.aarohanngo.org](http://www.aarohanngo.org)

## Acknowledgement

Many people, in general, complain about the year 2020 but I look at it as a sort of blessing in disguise. I believe that the secret of change is to focus all of your energy, not on fighting the old, but on building the 'new'. And, that 'new' heralded my association with people like you who taught me that "The future belongs to those who believe in the beauty of their dreams."

All this would not have been possible without the prayers and support received from the donors.

Aarohan through the support of corporate and individual donors reached out to approximately 4.5 Lakh people on the ground across Delhi and NCR with the essential items to support the families to meet their urgent needs.

Aarohan would like to give the credit to **#SanjanaSanghi (Bollywood Actress) volunteer from LSR in 2013** for her immediate call to raise funds to support the children and their families.

AAROHAN was able to feed **2200 people** on a daily basis with the help of **Feeding India- Zomato** and **Gurudwaras** who came forward to support in this endeavor. In second phase, **Smile Foundation, Gracia Raina Foundation** and many individuals joined us in this endeavor. Aarohan would like to thank groups like **MAAD (Mayo College Association Delhi)** and **Hotel Hyatt & Hotel LALIT** too, who came forward to support us.

Extending thanks to corporate like **Perfetti, Coca- Cola India, Epigamia** and many others who came forward and donated products to bring cheer to children and their families.

Thanks for the donation of health & hygiene kits by **Billion Hearts Beating Foundation, Santa Brigade and Red Roses Public School** to provide the much needed humanitarian relief to some of the poorest and most vulnerable families, particularly young girls and women. We are excited about our new association with **Baragaon Weaves** and **Mr. Jamal Kidwai** for our project on women empowerment.

A special thanks goes out to our donors who continued to support us during these difficult times; **Gopinath Menon & his team, Amitav Virmani, Naomika Saran, Janya Mehra, Rinku Gandhi, Caillette Frederic, Shiralee Gordon, Shalini & Pooja Mehra, Haier India and College Du Leman.**

Aarohan would also specially like to thank **Prerna Badoni** for the healthy nutritious meals for our children. Thanks to **NSS-LSR** and **Clinical Psychologist Mrs. Archana Sharma** for their sessions on **Mental Health Awareness.**

Also thanking **Dr. Vijay Jolly, Delhi Study Group, Dr. Nandini Sharma - Councilor, Malviya Nagar, Rama Didi - Brahma Kumaris** for their peace messages which brought much needed relief to the Aarohan team to endure the stress during pandemic.

And last but not the least **Amar Ujala Foundation** and **Samyak Foundation** for Aarohan's Digital Transformation to bridge the digital divide affecting less privileged children.

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## From The President's Desk:

Dear Reader,

### New Year Greetings!!

Wishing you beautiful moments, treasured memories, and all the blessing a heart can know.

Looking back on our journey of 2020, it had been a year full of ups and downs. COVID 19 outbreak spread globally like a wildfire, causing loss of lives, decimating our economies and pushing us into an unprecedented humanitarian crisis.

While the whole world was hit by the Pandemic, and its effects of Lockdown, Aarohan chose not to rest. In fact we pivoted, re-strategized and worked to support the lives affected by the pandemic.

The current crisis brought to surface many dimensions of the digital divide that we need to address, including equity gaps, and issues around children's safety online and mental health. Aarohan NGO too had its share of hard learned lessons on pandemic resilience, and how it chalked out a strategy to transform the lives of its teachers and even children with no access to the internet and smartphones to bridge this digital divide gap. 2020 has brought in sharp focus the mental and physical well-being of children. We believe that if urgent interventions are not undertaken to support this vulnerable group, an entire generation's human capital would be affected.

So while 2020 was an year of unlearning and re-learning, we welcome 2021 with a strong sense of optimism and excitement. We will continue to work with good people to do good work and will look for good support from our donors, friends and well-wishers.

Once again, wishing you a Happy, Healthy, Safe and Peaceful 2021.

*Rani Patel*

*(Founder & President)*



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# News from the Ground



## Ration & Toys Distribution



Dry ration kits, candies and toys were distributed amongst



## Digital Transformation @Aarohan



Education was made accessible and inclusive for economically disadvantaged children. Aarohan's Computer Library made all the digital tools accessible to children at one place so that they could come and complete their school assignments

## Nutritious Meals



Post lockdown Nutrition and Education continue to be the focus at Aarohan. This was echoed by initiatives like 'Happy Meals Hour' by some key philanthropists bringing joy and smile to children during pandemic.



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## Health & Awareness



As most of our attention was drawn to the prevention of COVID-19 Pandemic, Aarohan adopted the integrated programme approach which was a good strategy to ensure that HIV/AIDS issues are not left behind.

## Celebrations

Be it Diwali or Christmas, Aarohan NGO made sure not to let the spirit and fervor of festivals dim. With full safety measures in place, AAROHAN took the responsibility to see that 'Pandemic Fatigue' does not seep in the lives of children and they celebrate festivals with joy and happiness.

### Diwali with a Difference: A Time of Hope and New Beginnings



### Christmas 2020: Celebrating Positivity and Optimism



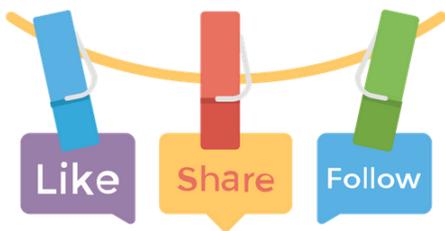
It was a special Christmas for children of Aarohan. Not only did they receive goodies, they also distributed toys and goodies to sick children who were living in the Night shelters. Warmth and happiness when shared doubles and this was an important message they learnt.

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## APPEAL FOR HELP AND SUPPORT

TO ALL FRIENDS, WELL-WISHERS, SUPPORTERS  
AND DONORS OF AAROHAN,

EVERY SMALL ACTION TAKEN BY YOU HELPS US.  
YOU CAN DO ALL / ANY OF THE FOLLOWING



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