



ANNUAL REPORT

2018 - 19



Head Office: - B-127, Malviya Nagar, New Delhi – 110017. Ph. No. 011-41007526
website: - www.aarohanngo.org, Email: - info@aarohanngo.org

ABOUT AAROHAN

Aarohan is a registered NGO under Society registration Act 1860. It works with the broader goal for the Empowerment of weaker, neglected and derided section of society with rights-based approach. Aarohan has touched the life of over 7000 marginalized children, 2000 youth and women and 800 Transgender under various programs. Aarohan is a humanitarian, gender-sensitive and child centric organization with a vision to "Empower children, women and other community members through the exercise of their Rights- education, health, nutrition and livelihood with dignity." It focuses on Education as key to empowerment of women and children; working with the neglected, impoverished people- urban (slum of Delhi), rural and tribal (Baripada, Orissa and rural hamlets surrounding Vishakhapatnam, Andhra Pradesh); and also with Transgender in Delhi, the highly derided section of society in the country.

Aarohan's support to child development is holistic in nature from early childhood to livelihood. Most of its programmes are on Education, Nutrition, Health, Skill training (Digital Literacy for women and youth. Other co-curricular activities are advocacy and awareness on gender equality, health and hygiene. The organization's approach is different in the sense it takes upon the parental responsibilities. Mother's literacy and empowerment (social, economic and financial) is critical to educating a child and therefore every initiative though child centric, involves high engagement from women and mothers. Community sensitization and soliciting its cooperation is integral part of the program interventions.

VISION

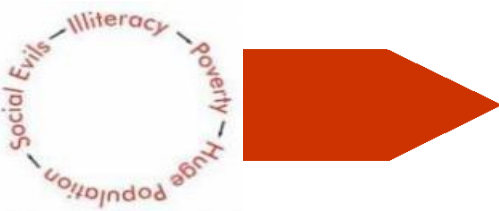
Empowered children through exercise of Rights - Education, Health and dignified livelihood

MISSION

Provide comprehensive education, health care, skill training, empowerment support for holistic support of less-privileged children to become responsible adults and leaders of tomorrow.

PHILOSOPHY

"If a child cannot reach to the school, the school must reach the child"



FROM PRESIDENT'S DESK

Today's children are the leaders of tomorrow!

Our children are growing up in a fast-moving world that is different and difficult to navigate. They need to be sensitised and guided to take the country forward into a sustainable future. Aarohan, with its mission to advance children's rights and empowering women, aims through its numerous programmes to create a lasting impact in the lives of vulnerable and excluded children.

Aarohan has been spreading its wings reaching out more and more communities, through the holistic growth approach. This year we witnessed successful execution of women empowerment programs, initiation of new programs in water, Sanitation and hygiene and e-literacy; increase in batches and enrolment at Aarohan Youth Resource Centre and visible impacts in lives of tribal communities engaged in Aarohan programmes.

Aarohan's TI Project for transgender too has been gradually able to bring the transgender community at par with the society. The efforts towards up-liftment of transgender communities took a momentous turn this year with me being offered a place with NHRC's core member team.

The rise in enrolment numbers among children under the education programmes, increase in engagement from communities, higher advocacy and governance and exploring new avenues for holistic growth, poses pressure on our existing resources of the organisation. Despite of limited funds, not compromising with quality of execution of the program and maintaining the benchmarks and standards that Aarohan keeps on execution of all its programs, still remains our prerogative. Aarohan was fortunate to have organisations such as SJVN and ONGC, fostering new partnerships with us.

While the Delhi State Government does claim to have improved the quality of education being imparted at the Government schools in the capital, the number of student dropouts continues to be high and a major point of concern. A lot needs to be done until every child receives what he/she rightfully deserves.

Sending a large number of children to schools is not enough; we need to ensure that they stay there and nurture a love for learning. Supporting the creation of women's groups is not enough; we need to help them build the confidence they need to take decisions for themselves. Supporting the tribal communities is not enough, but building their strength to advocate and be aware is important. Aarohan shall continue its efforts in enabling children grow with confidence and values, performing well in academics and having greater aspirations, handholding women and transgender in becoming independent and supporting the tribal communities.

We thank all our donors, partners, volunteers and friends and who have extended their generous support. It is your trust and the overwhelming response from the communities that we serve that allows us to continue empowering the most vulnerable across the country.

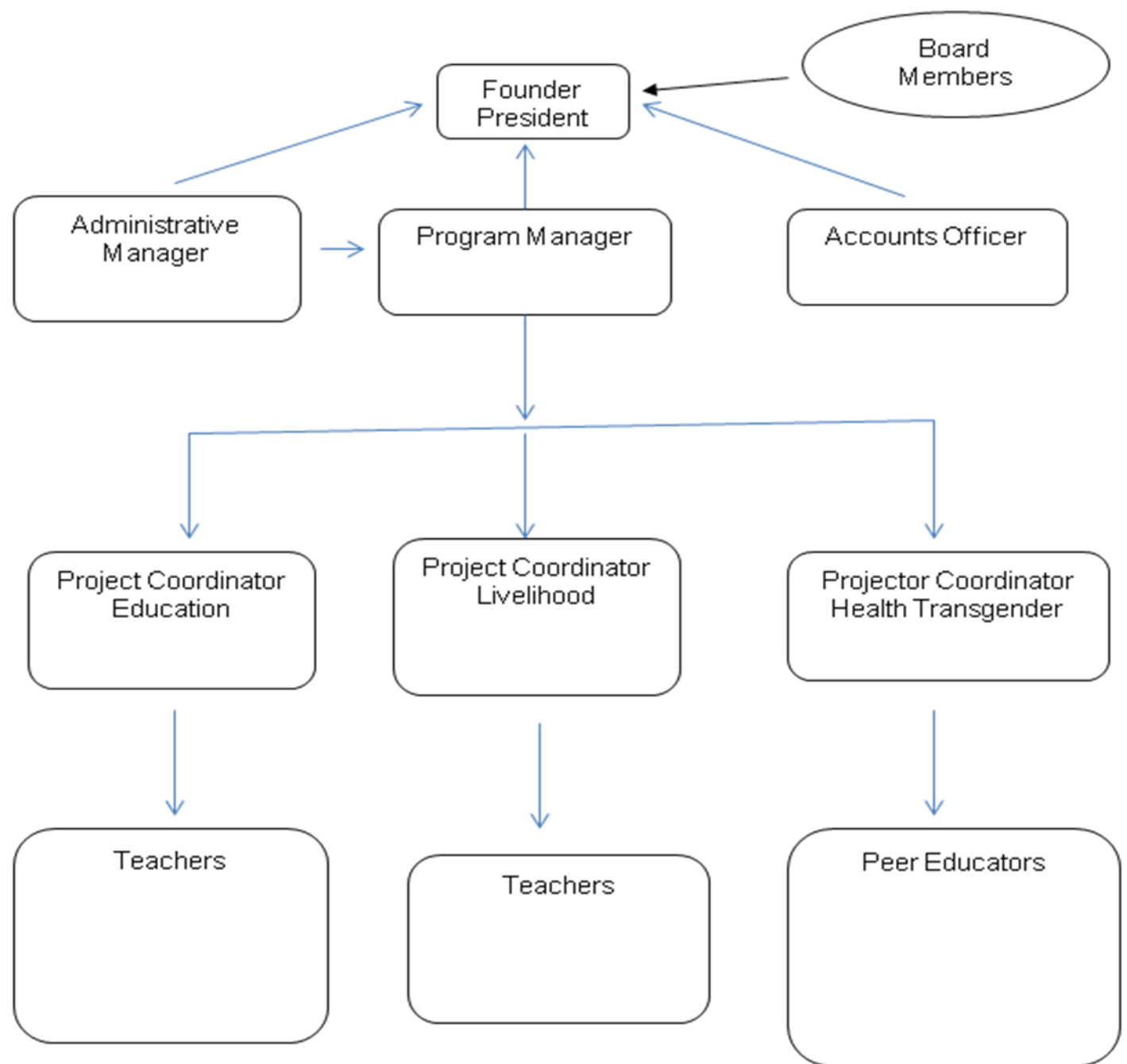
Ms. Rani Patel

BOARD MEMBERS

S. No.	Name	Photo	Designation	Experience
1	Ms. Rani Patel		Founder President	President & Founder of Aarohan who has embraced scores of slum & street children, dreams a life beyond ordinary.
2	Dr. Rekha Khandelwal		Vice President	A renowned Gynecologist who owns Vardaan Hospital in New Delhi
3	Mrs. Anjana Tata		Founder Secretary	Co-Founder & Secretary of Aarohan, she is the guiding force that has steered Aarohan to unimaginable heights.
4	Mr. Shashi Sahai		Treasurer	Photo Journalist & Financial Controller
5	Mr. Sushil Jhangiani		Executive Member	Executive Coach & Senior Team Leadership Development Facilitator
6	Ms. Sunita Dhar		Executive Member	Consultant Teacher
7	Ms Christine Nayagam		Executive Member	Director of MIG
8	Dr. Baran Farooqi		Executive Member	Professor - Jamia Milia Islamia

9	Mr. Rajesh Verma		Executive Member	Retired Director of Indian Archive
10	Raj K Singh		Executive Member	
11	Jagmohan swami		Executive Member	
12	Prof. T P Sinha		Executive Member	Senior Professor of Physics
13	Korubariki Chander Rao		Executive Member	Director of Giri Chaitanya Welfare Society – Tribal
14	Ram Kumar Varma		Executive Member	CEO - Native Araku Coffee

ORGANIZATIONAL STAFF



AAROHAN STAFF

S. No.	Name	Designation
1	Alex John	Program Manager
2	Sunandita Kumar	Implementation Manager
3	Arjun Singh Kumar	Program Coordinator
4	Aarti Sud	Administration
5	Pritpal Singh	Accounts Manager
6	Ram Prakash	Project Manager (TI)
7	Meghna	Admin Executive
8	Piyali Acharya	Technical Advisor
9	Abdul Azeem	Project Coordinator
10	Amulu Dora	Sr. Teacher
11	Bhawana Rajput	Sr. Teacher
12	Farheen	Teacher
13	Anam	Teacher
14	Samta Jain	Garment Trainer
15	Avneet Kaur	English Teacher
16	Sonu Singh	Front Desk
17	Jeetender	Support Staff
18	Jaikant Mandal	Support Staff

CONTENTS

- EDUCATION
- WOMEN EMPOWERMENT
- MILESTONES
- EARLY CHILDHOOD CARE & EDUCATION
- AFTER SCHOOL ACADEMIC SUPPORT SYSTEM
- TRAINING & CAPACITY BUILDING
- HEALTH
- WATER
- WORKING WITH TRANSGENDER
- TRIBAL COMMUNITY
- OTHERS
- AWARENESS
- VOLUNTEER
- CELEBRATIONS
- VOICES



EDUCATION

Education is the core to Aarohan's effort to supporting the community. Aarohan believes that all that is inculcated in the first 25 years of an individual's life determines the next 25 most productive youth years. Education is the platform for the youth of the country to expand socioeconomic mobility and gain employment in the country's high-tech economy. The country's large pool of highly educated and skilled individual's further aid in expanding the economic growth of the nation

Succeeding in life is not merely about intellect, it is also about emotional stability, values, attitudes, and social skills. As we face an uncertain and complex world, abilities such as communicating and cooperating with others, values and attitudes which enable us to operate in a multicultural world, higher-order thinking skills, as well as basic and advanced knowledge in various fields. Many educators, even in countries where schooling has mainly focused on developing the intellectual aspects of the child, are now turning to schools to take on a wider role in developing the whole child or focus on holistic development of children.

While working towards the weaker, neglected section of the society, especially the Children, Aarohan works through Whole Child or holistic development approach. In the first three years of child's life, efforts are made not to judge the child's knowledge or learning, but to establish good manners and to develop their character. Through the two early child care centres established by Aarohan in Malviya Nagar and Jahangir Puri, the less privileged children are taught to respect other people and to be gentle to animals and nature. They also learn how to be generous, compassionate, and empathetic. Besides this, the kids are taught qualities like grit, self-control, and justice.

Consequently, to support slum dwelling out-of-school children or school drop outs (6-10) who lose out on opportunities to pursue basic education due to personal circumstances including lack of resources and many are forced to the streets, Aarohan undertakes the bridge course namely '**Project ASHA**'. It focuses on providing the much needed academic support through free tuition and guidance to seek admissions in appropriate classes in mainstream schools. They are also provided with nutritious snacks, study materials, stationery, clothes, etc. to motivate them to attend the classes regularly.

This project is a harbinger of hope for them, as it harnesses the untapped potential in children promoting them to become a boon for the society. It encourages children to become active learners by helping them to forge an unbreakable bond with the books and change their course of lives.

Children in the second phase of this programme begin with the start of the yearly admission cycle. Once the children are prepared to take the entrance examinations, Aarohan staff accompanies them to the local MCD and Govt. of NCT schools and assists them in the completion of necessary paperwork and documentation that is involved in the admission procedure. Such assistance is also provided to the children who are not attending classes at Aarohan, but seek our help in completing admission procedure.

Ms. Rani Patel

While the Indian Education system claims to be doing well, the gaps exist with widened teacher pupil ratio, lack of infrastructure to support children based on their competency level etc. Children may often feel overwhelmed and incompetent, leading to discontinuing of school and dropping out. After school remedial classes with personalized attention thereby becomes extremely necessary at this stage. The objective is to enable children to cope with the increased standards in academics, simultaneously, ensuring a solid foundation for their secondary education. **‘Project Pathways’** by Aarohan focuses on children from government schools studying in classes VI to VIII. Children, post school hours, are assisted with their course-work, homework and any area where they may need additional attention. Special emphasis is laid on Science and Mathematics. It entails daily follow-up classes with Children, Class-wise sessions with students, covering most topics from their syllabus etc.



WOMEN EMPOWERMENT

Growth of a child is directly proportionate to the strength of mother. Mothers of young children especially from low income areas like slums and tribal regions in India are often subjected to situations of social and economic hardship characterized by Low socio-economic status—low levels of literacy, educational attainment and training, and limited job skills. These socially and economically adverse circumstances experienced by mothers reflect a lack of their empowerment. In turn, these situations have a direct impact on mothers' capacity to care adequately for their young children, and on their ability to place their children in quality, centre-based care.

Aarohan works towards empowering women by building their skills to earn income; promoting access and opportunities for women, building their confidence and encouraging to have more influence of decisions that affect their lives. These are done through training programmes for developing skill such as garment making, stitching, tailoring, fashion designing. Resource Centres established in Madanpur Kadar and Malviya Nagar, Delhi, run regular batches for women and girls on these courses.

Aarohan also imparts basic education to illiterate women and girls, helping them to become literate and undertake informed decision making for themselves and their children.

HEALTH

The social hardships of women especially living in urban slums is on rise owing to increase in alcoholism among male spouses. Cases of domestic violence, regular fights and reducing family income also affects the psychology of the children in the family. Aarohan holds counselling sessions for such mothers and women from such families to cope with the issues, take corrective actions and also educate them on helping their kids to cope with the same.



The Centre also holds sessions with mothers on child psychology and how they can effectively they can contribute to holistic development of their children.

Empowered women are more able to take decisions that benefit them and their children. More empowered people have the control to make decisions about their own freedom of movement and how to allocate resources, as well as about domains as fundamental as their own bodies.

MILESTONES

Little steps of commitment led to CSR DAY Award

Founder-President, Aarohan, Mrs. Rani Patel was bestowed with CSR Day award as one “51 most impactful Social innovators” recognising her contribution towards educational sector. The award function was held at Taj Land Ends, Mumbai on 18th February 2019.



Aarohan goes International at the Asian youth summit 2019, Nepal



The First Edition of the Asian Youth Summit 2019, Nepal, Powered by MasterPeace was held from 22-24 March 2019. The event was attended by renowned practitioners and change makers working in the field of sustainability and development with their local communities. Ms. Rani Patel, Founder- President, Aarohan was one of the participants at the summit.

Resource Centre, Madanpur Khadar

Aarohan started the Basic and Advance level computer course batches from April 2019, at Aarohan's Madanpur Khadar Centre. A total of 40 students are enrolled in each batch. The two courses are in addition to the existing courses being run which include Sewing and Stitching, Fashion Designing, English language and Beautician.



On the panel of NHRC

On 14th August 2018, Ms. Rani Patel, Founder President, Aarohan was elected as a core member of National Human Rights Commission (NHRC), India. Ms. Rani Patel was recognized and considered for the post due to her long standing and relentless contribution to the society especially for children and transgender community.

GUEST SPEAKER AT NATIONAL CONFERENCE ORGANISED BY AECED & CECED

Rani Patel Founder President presented in the conference of AECED in Delhi. Aarohan's 13 years of experience and recommendations to focus more on early childhood so that the children will grow as healthy & responsible children.



The 8th batch of Smile Twin e-Learning

Aarohan had the 8th batch of Smile Twin e-learning program graduate on 3rd April 2018. The batch consisted of 40 students.

NURSERY (Project Ankur) in Malviya Nagar

To showcase and establish a model Early Child care centre, Aarohan has started a Nursery at B-126, Malviya Nagar. The nursery aims to ensure access to early childhood care, education safety and security to the children of age group two and half year to five years coming from the underprivileged section of the society.



EARLY CHILDHOOD CARE & EDUCATION

"Early Childhood Education is the key to betterment of the Society"

Maria Montessori

Investing in the early years of children's life is the best investment we can make as a society ensuring their future success. Aarohan's holistic approach in Early Childhood care and Education encompassing support in Education, health Nutrition and Security in the most dignifying manner is the key to a strong foundation for children.

Aarohan's Educational programs encompass Nursery, bridge course, remedial coaching up to class XII; and Nursery in community area and education in rural tribal area. The children are also provided with regular sessions on varied topics that are essential for their holistic development.

Project Ankur

The early years of a child is a crucial formative phase of his/ her life. Social- emotional experiences and knowledge received by a child in this phase provide the foundation for their formal education and behavior. It is important to emphasize on providing conducive physical, secure and hygienic learning environment for the children during these initial years.



The year marked opening of a Nursery Aarohan at B-126, Malviya Nagar, to ensure the early childhood care, education safety and security to the children of age group two and half year



AFTER SCHOOL ACADEMIC SUPPORT SYSTEM

Age group 2.5-5 years has 23 students enrolled for the current academic session.

After school academic support is crucial for ensuring minimum dropouts among slum dwelling children. They need support to match up to mainstream education and such support often keeps them motivated to continue their education. Aarohan operates across two centers in Delhi - Jahangirpuri and Malviya Nagar, aimed at providing after school support to children from slums and economically weak families. The centre holds sessions, workshops, and celebrations to ensure a holistic development of children.

Project ASHA

‘Project ASHA’ is a programme focusing on slum dwelling out-of-school children or school drop outs (6-10) who lose out on opportunities to pursue basic education due to personal circumstances including lack of resources and many are forced to the streets. This project is a harbinger of hope for them, as it harnesses the untapped potential in children promoting them to become a boon for the society. It encourages children to become active learners by helping them to forge an unbreakable bond with the books and change their course of lives.

Children are provided the much needed academic support through free tuition and guidance to seek admissions in appropriate classes in mainstream schools. They are also provided with nutritious snacks, study materials, stationery, clothes, etc. to motivate them to attend the classes regularly.

The second phase of this programme begins with the start of the yearly admission cycle. Once the children are prepared to take the entrance examinations, Aarohan staff accompanies them to the local MCD and Govt. of NCT schools and assists them in the completion of necessary paperwork and documentation that is involved in the admission procedure. Such assistance is also provided to the children who are not attending classes at Aarohan, but seek our help in completing admission procedure.

Currently, there are 130 students engaged under the programme across the two centres run by Aarohan.

Project Pass

Programme ‘Project PASS’ provides after-school free academic support to the primary level children who are already enrolled in schools after “Project Asha” and “ANKUR.” The main objective



of this project is to keep the children away from the streets and provide a healthy and conducive environment after the school hours. They are given classes for English, Hindi and Mathematics. In addition to academic support the children are provided with mid-day meal, stationery, school bags, etc. Children are assisted with their course-work, homework and any area where they may need additional attention. The majority of drop-outs tend to occur during a very crucial transition from junior to secondary school. By providing them with quality training and ensuring that they remain abreast with their school curriculum, these children feel more competent to cope with their studies. They are also taught and given opportunities to participate in co-curricular activities and made aware about teenage problems.

Project Pathways

Transition from junior to secondary school is critical as the course syllabus increases substantially with relative increase in difficulty levels especially in subject like Mathematics and Science. Children may often feel overwhelmed and incompetent, leading to discontinuing of school and dropping out.



Tutorial education with personalized attention thereby becomes extremely necessary at this stage. The objective is to enable children to cope with the increased standards in academics, simultaneously, ensuring a solid foundation for their secondary education. Project Pathways focuses on children from government schools studying in classes VI to VIII. Children are assisted with their course-work, homework and any area where they may need additional attention. Special emphasis is laid on Science and Mathematics. It entails daily follow-up classes with Children, Class-wise sessions with students, covering most topics from their syllabus etc. At present, 80 students are being covered under this initiative.

Project Hope



Classes IX and X are extremely important for the students as after passing Xth Board Examination, they are required to choose one of the specialized streams from Science, Commerce or Humanities. These students are ambassadors of hope-both for Aarohan and their parents. The project therefore offers revision classes in Mathematics and Science

on daily basis; and addresses the difficulties faced by students in particular subject/topic. In addition to theory, children are also prepared to take their practical science examinations. Aarohan presently supports 50 students under this programme.

Workshops

The academic support is supplemented by workshops and sessions for sensitization and orientation of students on varied topics and issues by experts and guests from outside. Career counselling sessions and digital literacy sessions are held often for the students.

Aarohan invites guests who have gained accolades in their fields to inspire students and guide them on various opportunities. This year Veteran Brigadier Jag Varma visited the Aarohan centre and interacted with students and shared some of his experiences of the war to inspire and motivate the children.



He also shared about job opportunities in Defence services and encouraged children to pursue them.

The nursery also holds celebrations and activities at special days including Republic day, Independence Day, Holi, Diwali, and Christmas etc. The activities are organized in order to instill values, morals and respect in children towards their society. The activities also designed

to encourage creativity and aid in personality development of children.

Workshops and Sessions

The centre holds classes for children in engaging and interactive manner, capacitating them for mainstream school. The centre also holds sessions on crucial topics conducted by teachers and staff of Aarohan, experts from outside, celebrities etc. engaging and orienting children.

One such session was held on March 30th 2019. The workshop namely 'Body safety' workshop was conducted by NSS LSR, in collaboration 'Our Voix', a youth led organisation that works to prevent cases of child sexual abuse. The workshop aimed at sensitizing children to child abuse and orienting them to respond rightly.



Aarohan believes that it is important that children are kept abreast of current situation and capacitated accordingly. The training and workshops are therefore required to be undertaken through mediums that resonates best resonates with their age and understanding. One such workshop for increasing awareness about Child sexual abuse was held on 28th April 2018. The program was organized by Aarohan's teachers and volunteers, aimed at educating Young children were educated on 'right touch - 'wrong touch'. This was done using a video. There were 70 children who participated in this program including older students who were given detailed orientation on the topic.

Students of LSR, volunteered on behalf of the Women's Development Cell and conducted workshops across 2 days in February 2019, with the students at Aarohan on Gender identities, Gender Roles, Ideas of Beauty, Power and Powerlessness, the Idea of consent, Safe and unsafe touch and Menstrual health. A total of 60 students were oriented over the two days.

Training & Capacity building of Caregivers

It is important that the caregivers at the nursery are trained and their skills updated at regular intervals. One such trained, for the Aarohan caregivers, was facilitated by Ms. Sagarika Dasgupta of Jalsa Foundation on "Delivering effective learning on early childhood care"



TRAINING AND CAPACITY BUILDING

According to UNESCO, “Youth” is best understood as a period of transition from the dependence of childhood to adulthood’s independence and awareness of our interdependence as members of a community. A UN report suggests that India has the largest youth population in the world. Capacitating and training of youth is extremely crucial for the development of the economy as a whole.

Training of youth in vocational skills is processes that enables and mobilises a large number of people in India to take up outcome based skill training and become employable and earn their livelihood.

Vocational education helps youth to acquire practical experience and learn modern methods of diverse vocations. Students become more aware of their skills and choose their careers wisely. It prepares students to take up highly rewarding jobs and help them become independent at young age.

Aarohan imparts free vocational training courses to students, enabling them to pursue careers which would help them earn and become independent. The courses run by Aarohan have been selected and designed befitting the need of the industry.

Resource Centre

Aarohan started courses in Basic and Advance level computer from April 2019, at Resource Centre, Madanpur Khadar. There are a total of 40 students in each batch that operated between 9 am to 6 pm (Monday-Friday). Other courses that are being run at the centre include Sewing and Stitching, Fashion Designing, English language and Beautician.



Smile Twin e-Learning

Smile Twin e-learning programme (STEP), is a national level initiative by Smile Foundation. Aarohan has implementing the programmes through its centres aim providing a dignified livelihood and better career opportunities for underprivileged youth. Students are trained in English Proficiency, Basic Computer Education and Soft Skills for enhancing their prospects

of employment in fast expanding sectors.

Aarohan has been imparting the program year after year. This year witnessed the 8th batch of Smile Twin e-learning program graduate, on the 3rd of April 2018. The batch consisted of 40 students with 75% of working currently.

HEALTH

Health is the state of complete physical, mental and social well being, that allows an individual to flourish and realize his/her own potential.

To ensure students are in good health, health checkup camps are conducted at regular intervals for the students of Aarohan and their mothers. Various awareness generation sessions are also conducted.

Beginning of the year in April 2018, a medical camp was organized by Gracia Raina Foundation through Rainbow hospital for Aarohan. The camp with four doctors, attended to 100 children and mothers as part of general health check up camp.



General health checkup camp was organized by Aarohan for the children in association with Billion heart foundation (Apollo Hospital) on 15th December 2018. The camp had two doctors who attended to 60 children.



Aarohan aims to provide a conducive environment to children at all its centres and places of intervention. Providing the basic amenities is the first step towards ensuring children's well being.

WATER

The Concern India Foundation, in March 2018, donated 4 water purification systems (RO) to Aarohan. This enabled Aarohan to provide safe drinking water to 1200 students across its centres.

As implementing partners to FLUOR, Aarohan successfully installed Water Treatment units at four critical government institutions in Gurugram, in December 2018.

The details are as under:

1. District Civil Hospital, Jharsa, Sector-10, Gurugram: Water treatment unit installed to cater to daily footfall of 2000 people coming to hospital.
2. District Civil Hospital, Jharsa, Sector-10, Gurugram: Water treatment unit installed to cater to daily footfall of 2000 people coming to hospital.
3. District Civil Hospital, Jharsa, Sector-31, Gurugram: Water treatment unit installed to cater to daily footfall of 2000 people coming to hospital.
4. Government Senior Secondary School, A 55-22, Street No. 55, Sector 28, Chakkarpur, Gurugram: The water treatment unit installed is being accessed by 1900 students and staff.



WORKING WITH TRANSGENDERS

Aarohan has been working with transgender community living in Sultan Puri, Mangol Puri and Nangloi in Western part of Delhi city, since last couple of years. The programme entails carrying out different activities like counselling, awareness creation about STD /RTI, HIV/AIDS, safe sex promotion (condom use), health check-ups and services felicitations; , literacy drive, awareness building on vocational training for alternate livelihood options etc. for betterment of transgender community.

This year marked a major feat for the efforts Aarohan has undertaken to support the transgender community over the last couple of years. Ms. Rani Patel, Founder President, Aarohan was elected as a core member of National Human Rights Commission (NHRC), India.

At par with efforts undertaken last year, this year too numerous activities, events and workshops were organised by Aarohan with aim of enhancing the current life state and condition of transgender communities and providing them platforms and access to services without any gender biasness.



A mind-full meditation session namely ***“If the ocean can calm itself, so can you”*** with transgender was organized by Neetal Kalia guided by Ms. Manjusha from Art of Living on 27th February 2019. Aarohan, over the past couple of years has worked for the cause of transgender, enabling them with skill-training to find

employment and a stable means of livelihood and to eventually redefine the very notion of normalcy. Presently, Aarohan is providing them with driving classes. To compliment this effort, a meditation class was important to instill a sense of calm and confidence in the minds of the transgender, as they pursue a path of empowerment.

On 15th February 2019, doctor's from AIIMS Delhi with Aarohan carried out a research and workshop with transgender. The workshop aimed to create awareness on the right nutrition and lifestyle, accruing to the physiological needs of transgender. The research extended to carrying out various tests to gauge the average bone density levels of the Transgender.



On 14th July a camp was held to appraise the community on legal rights of Transgender. The camp was organized by the Rohini Court. This was conducted in Aarohan's TG-TI-Project Office.



Aarohan understands that uplifting the transgender community also calls for rigorous advocacy at national platforms.

"The Transition" & Panel discussion on "Making Transgender rights a Reality in India" was organized at IIMC JNU (New Campus). Ms Rain Patel, Founder President, Aarohan was a panelist at the discussion.

Aarohan was also a part of the conference by NHRC on the issues of transgender for their job support and educational help, which was held on 18th September 2018.



TRIBAL COMMUNITY

Education, respect and healthy living is a dynamic process of development that is not just needed by the urban society but also by people from rural areas. Tribal Communities deserve as much as any other community. *Aarohan works towards uplifting these people from the shackles of illiteracy, poverty and unemployment.*

To Empower and Aware the tribal and rural communities Aarohan has initiated to provide the support through training, documentation, advocacy and awareness on their rights and justice. The programmes include education, skill training, poverty elevation, protecting cultural heritage of the tribe.

In Andhra Pradesh Aarohan has initiated the activities networking with local community based organization in Vishakhapatnam, Vijayanagaram, Srikakulam districts. In Baripada district, Odisha, Aarohan is running a programme for education and development of children from tribal communities.



OTHERS

BOOK MAHAL

This year marked initiation of a new initiative by Aarohan, namely the “Book Mahal”. Book Mahal is an open library, established with aim of ensuring that everyone has access to books. Free education resources must be available to all. Libraries are known to help economies grow. Open library is also a place where community members can come together and connect with each other, share their knowledge and interests. Scholars look upon libraries as a means to preserve the history and truth.



The project is supported by Select city walk charitable trust to educate and to inculcate reading habits in children, get them engaged and help them enhance their personality. The program was initiated on 9th April 2018.

AWARENESS

Increasing legal knowledge about one's rights can empower people to lead dignified lives. In communities, increased awareness is a key ingredient for positive behaviour change. Behaviour change enables groups of individuals to engage in participatory processes to define their needs and demand their rights. A collaborative, transformative action for generating awareness enables public and private dialogues to change behaviour on a large scale, including norms and structural inequalities.

Aarohan engages in numerous awareness generation activities on issues of strategic importance for the community and nation.

Swachh Bharat Abhiyan Aarohan in collaboration with ITC Sheraton Hotel, organized cleanliness drive under the Swachh Bharat Abhiyan.

On 10th January 2019, to align to “Swachata Abhiyaan”, Aarohan in collaboration with the doctors and staff of Pt. Madan Mohan Malviya Hospital conducted a workshop. This was followed by a rally involving the students and the staff of Aarohan, where they cleaned the streets of the locality and spread awareness about the same.

On 2nd October 2018, a program was organized by Select City Walk, at Jamun Wala Park to sensitize the children about the notion of ‘CLEANLINESS IS NEXT TO GODLINESS’. Children from Aarohan participated and performed Nukkad Natak to spread awareness about cleanliness. Dr. Nandini Sharma (counselor) and MP Meenakshi were present at the event.



Cyclothon 2k18

75 children and staff of Aarohan pedaled as part of “Be The Change” Cyclothon 2k18 with the support of Concern India Foundation at Jawaharlal Nehru Stadium, Delhi. The students were excited as it was their first experience to be a part of such a big event. They were provided with helmets, t-shirts and wrist bands. Everyone was dressed up in green, to promote the message – *“Use less petrol consuming vehicles and other means of locomotion like bicycle or physical walking, to save Mother Earth”*



INTERNATIONAL LITERACY DAY

To spread awareness about the literacy amongst the under-privileged, Aarohan celebrates International Literacy Day every year. On 8th September 2018, a peace march was carried out



from Aarohan Head office to Jamun wala Park. Dr. Bimal Mawandia, the director of Vineetaz Exports Pvt. Ltd. lit the Wisdom Lamp to spread the light of literacy.

World Consumer Day



Founder President of Aarohan, Ms. Rani Patel was invited as the guest of honour on World Consumer Day on 15 March 2019. On this occasion, the Consumer Charter of India was released by Dr. Anant Sharma, National President, [CCI](#) and Dr. Arun Kumar.

A Consumer Awareness program was conducted by Dr. Madhubala and Dr. Arun Kumar with students of Aarohan to make them understand about the importance of Consumer Rights.

Legal Awareness

Ignorance of law is no excuse but more often than not no emphasis is placed on legal information and awareness to the masses. To combat this, our interns from Symbiosis Law College, Hyderabad conducted a legal awareness session for Aarohan students and their mothers.



Fire Safety



To spread awareness about fire safety, Aarohan dance group performed a dance and a skit in Select City Walk for 2 days. This happened amid the Fire safety week i.e. 14th April to 20th April Improvisation program with IITians Fire Safety

To spread awareness about fire safety, the students visited the Jagdamba camp. They were sensitized about the living condition of the local people.

No Pollution Movement

On the evening of 29th May 2018, a fire broke out in Malviya Nagar, Delhi. Consequently, there was toxic smoke all over the place. To make the public aware,



especially pregnant women, Aarohan's children walked in the neighboring areas holding banners, asking them to use anti-pollution masks.

World Environment Day

With the volunteers of L&T, World Environment Day was observed. A drawing competition was held and a movie was screened to make the students aware of the reasons for Global Warming. At the end of the event, an oath was taken to protect Mother Earth. All the present children and team Aarohan made posters with awareness slogans and other products to promote World Environment Day.



WORLD AIDS DAY

To mark the World AIDS Day, Aarohan team and students, along with interns from Symbiosis and TG's walked on the streets to spread awareness about the HIV/AIDS. A march past with placards and slogans to have safe sex & live healthy life took place.

VOLUNTEERS

Aarohan shares a special bond with all its volunteers and interns. Volunteers bring in innovation and an eye for evaluation of programs and activities being carried out by Aarohan. Their feedback plays a very crucial role for Aarohan's effective operations.

Aarohan is proud to volunteers and interns coming from different walks of life and from the best institutions in the country.



48 Social work students and professors of IGNOU had a session to know about the functioning of Aarohan NGOs, their challenges and Aarohan's holistic support to early childhood to adulthood. The role of social workers and institutions in present situations were also discussed

The year marked volunteers and interns at Aarohan from institutes like IMT Ghaziabad, LSR College, Symbiosis Institute Noida campus and Hyderabad Campus, Manav Bharti School etc. The volunteers usually engage with students at Aarohan and take classes. Many join activities such as drives, rally etc.

Interns also help in evaluation of the projects and provide recommendation for enhancing organizational efficiency.



CELEBRATIONS

Aarohan celebrates festivals and occasions to ensure that children remain attached to their cultures and traditions. Most celebrations are also marked as platforms for children to showcase their talents and skills.

On 25th December 2018, Aarohan celebrated the eve of Christmas with under-privileged children with active support from Team Hyatt, the volunteers from IIFT, IIT and FIIB actively participated to make this special occasion successful. This was arranged at Jammun Wala Park in Saket. Here, the children painted pictures, played in the park and cut the cake presented by Hyatt to end the celebration.



Bollywood Actress Sanjana Sanghi is known at Aarohan as an intern and NSS head from Lady Shri Ram College and is famous for her pro active participation and her sweet smile. She delighted the children of Aarohan with her presence on this Children's Day on 14th November 2018.

Numerous other days and festivals were observed and celebrated by Aarohan during the year.



VOICES

AIMING FOR THE STARS

Ruchi, 16, finds herself going over her aspirations and goals, just as she is on the cusp on conquering one of the major milestones of her academic journey – having successfully finished her Class 10th Board exams. Full of spirit, unswerving grit and confidence, Ruchi dreams of becoming an IAS officer. She says how she wants to accomplish, all that her parents dreamt of, but never could.

She and her siblings, a happy number of 6, stand as the first generation receiving formal education in her family. The family hails from Hardoli in Lucknow. Her father worked as a driver, until he met with an accident, while her mother is a house-wife. She points out how it's up to these children to turn over the fortune of the family and having said so, they all are one driven lot! The eldest sister is pursuing B. Com, while her elder brother just completed his Class 12th Boards.

Ruchi has been seeking remedial classes at Aarohan, from the past 7 years, since she was in Class 3rd. She has always been an outstanding performer in class, but it doesn't stop at that. Ruchi is extremely creative, fond of art, craft and classical dancing.

Ruchi was one of the lucky twenty one girls from Aarohan, who got to be a part of one of the events of 'Beti Bachao, Beti Padhao' campaign of the Government in 2015. She and five other girls spoke on how their families extended support towards their education and what challenges they faced along the way. She was privileged enough to share the same stage as Mr Amitabh Bachchan and engage in a discourse too.

NGO helps slum kid shine as math star

AGE CORRESPONDENT
NEW DELHI, MAY 7

In contrast to the glittering festivities in top private schools to hail some of city's Class 10 toppers, a quiet yet proud celebration took place in a slum cluster in south Delhi's Malviya Nagar. Sixteen-year-old Ateeb Qadir, who scored 95 in math - accepted greeting from well-wishers with a hug and sweets.

The son of a daily wageer from a government school has achieved something which nobody in his neighbourhood has achieved, in years. He credits his aggregate score of 89 per cent to the free coaching and support

from NGO Aarohan in the past five years.

"We were taught math by Aarohan's volunteers like IITian Harshit Chauhan and provided books as well," said a jubilant Ateeb, who aspires to be an engineer.

Aarohan chairperson Rani Patel said, "We gave the 30-odd underprivileged Class 10 students the right environment for studies and helped them gain confidence. All our children have excelled."

Support from US-based IITian Sharad Agarwal, philanthropist Shalini Mehra and volunteers like Mr Chauhan helped in our mission, said Ms Patel, whose NGO recently fig-



Aarohan chairperson Rani Patel with Ruchi, a Class 10 high scorer, in New Delhi on Tuesday.

ured among 51 most impactful social innovators awarded on the World CSR Day.

Ms Patel said Ateeb is not

the only star performer from Aarohan family. Ruchi, a daughter of a domestic help, scored 82 per cent in Class 10. "She had fainted on the day of one of her exam but gathered her confidence in time to shine," said Ms Patel.

Aarohan organises coaching classes and computer training for students of government schools and also builds toilets. Recently, Union human resource development minister Prakash Javadekar had hailed Aarohan's underprivileged children and felicitated Class 12 who passed with flying colours and joined top colleges.

CIRCLE OF LIFE



Pankaj in his student days was an extremely carefree, fun-going boy, with an ardent love for cricket. He received remedial classes at Aarohan, during school days. It was after having finished school that he gave some thought to his future. He wishes to become a lawyer and pursue graduation from Delhi University.

It was during his search for a basic computer course that Pankaj heard about the STEP program offered by the Aarohan Vocational Training Centre. STEP stands for Smile Twin E-learning Program, and is a four month course. Four subjects of Computer, Retail management, Financial Literacy and Personality Development are taught. He enrolled himself for the program. He enjoyed the English classes the most and the personality development sessions helped him become outgoing and confident.

After a smooth sail of four months, Pankaj got a placement at Make India Journey, Tours and Travel, in marketing and sales. However despite this job, his heart was with Aarohan. After much insistence, Aarohan hired him as the Computers teacher for the STEP program. Within a course of 4 months, Pankaj went from a student, to a full time teacher at Aarohan's vocational centre, teaching about 100 students a day. He expresses how he was intimidated at first, as most of his students were his contemporaries or older than him. He also mentions how he now has to pay attention to his knowledge, to be imparting the right information and to be a role model.

BRINGING BACK THE CULTURE OF STORY-TELLING :

FROM SPEAKING TREE OF MAHATMA GANDHI

Mr. Raman has been volunteering at Aarohan for the past 2 ½ years. Before his retirement, he was the senior administrator at VIMHANS hospital, New Delhi. Sir finds deep pleasure in being able to give insight and in sowing seeds of thoughts in the young blooming minds of children. He took the initiative of introducing story telling sessions for students, focusing on moral values and enrichment of these young minds. These stories are often instances from the lives of legendary freedom fighters like Mahatma Gandhi, Jawaharlal Nehru Sardar Vallabhai Patel etc. and even reads snippets from the Speaking tree section from the newspaper, thus engaging the students in discussions and interactions



Mr. Raman often points out how media and other sources bring negativity in the forefront, which feeds our minds with a lot of pessimism and disrespect. He also believes that it is spreading positivity and love enables us to realise the importance of ideals and drive out all that negativity.



B-127, Malviya Nagar, New Delhi-110017. India

Tel: +91 9910059312 | aarohanngo@gmail.com

www.aarohanngo.org