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## PRESIDENT'S DESK

Dear Friends and Supporters,

I am delighted to share with you the latest updates from Aarohan, our dedicated team committed to impart education, livelihood, women empowerment, and Transgender rights.

Our Educational programs continue to impact the lives of countless children. We're bridging educational gaps, improving literacy, and offering scholarships to deserving students.

Our Livelihood programs are empowering individuals to be self-reliant. We've seen remarkable success stories, showcasing how livelihood support can change lives for the better and Women Empowerment programs in cutting and tailoring, garment making and fashion designing is actively working to uplift women, providing resources, training, and support to enhance their socioeconomic status. Our efforts have created opportunities for women to become leaders and champions of change. Aarohan stands firmly in support of transgender rights. Our initiatives are making strides in ensuring equal opportunities and respect for the transgender community. Your support has been instrumental in our progress. Together, we are creating a more inclusive and equitable society.

Rani Patel Founder and President



















# **JULY**

#### **Build the Story Activity**

Over the span of four days, on the 1st to 5th of July 2023 children were grouped and tasked with selecting random words from chits. They collaborated and participated in craft stories incorporating words along with the activity on problem-solving, featuring two engaging ice-breaking activities. A discussion was also followed, emphasizing problem-solving as a valuable life skill.

On day three, the workshop focused on enhancing children's public speaking skills, instilling confidence through engaging activities. Day four began with children presenting on the theme 'Mera Bharat Mahaan' and creating the national flag.





Health Awareness

Thanks to the generous support of Capgemini India and Aide Et Action, we successfully set up vending machines for sanitary pads and water purifiers in our Gurugram and Noida communities. This initiative ensures easy access to hygiene products for girls and provides clean, safe drinking water for everyone. The program took place at the Capgemini Office and concluded with a joyful folk dance.



Donor Visit

Visit conducted by team Avery Dennison
at The Centre for Excellence Nebru

at The Centre for Excellence, Nehru Smarak Inter College, Greater Noida, Uttar Pradesh.













## **AUGUST**

Sensitization Session @ NHRC

Mrs Rani Patel, Founder and President of Aarohan delivered a lecture on Rights to Privacy and Rights of LGBTQI community to over 40 Police Officers of the Rank of DSP and ACP at Manav Adhikar Bhawan, National Human Rights Commission in a 5 days training program.



Friendship Day

Celebrated with little one's to inculcate the value of sharing, caring and harmony. <a href="https://www.instagram.com/reel/CvhbHLBrC">https://www.instagram.com/reel/CvhbHLBrC</a> Kw/?

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#### NHRC Foundation Day

A heartfelt thanks goes out to Justice Arun Mishra, Dr. Mullay, and the entire NHRC team for providing a dignified place for the transgender community. This marks the commencement of a journey where transgender individuals are genuinely respected, and the Aarohan Team is deeply appreciative.



Raksha Bandhan

Celebrated Raksha Bandhan with a heartwarming event. Children from diverse backgrounds exchanged Rakhi symbolizing love and protection. The occasion fostered bonds of friendship and unity among children and volunteers. It emphasized the universal values of love, care, and the importance of standing by one another.













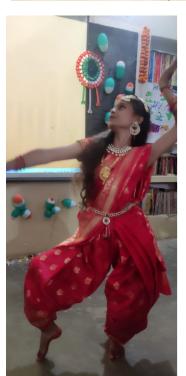
### 77th Independence Day

Aarohan NGO celebrated India's 77th Independence Day with fervor and pride. The event featured flag hoisting, patriotic speeches, and cultural performances that showcased the nation's rich heritage. It was a moment of unity and gratitude for the freedom we cherish, and a tribute to the spirit of the nation.

We are thankful to Mr Sudip Mall sir to join us in the celebration.























## **SEPTEMBER**

#### Ghanesh Chaturthi

Children, teachers, and staff at Aarohan came together to celebrate Ganesh Chaturthi. They all worked together to decorate a beautiful place for Lord Ganesha.

Mrs. Rani Patel, the Head of Aarohan, used this chance to teach the children why Ganesh Chaturthi is celebrated and what it means in Hindu stories. She talked about important ideas like being wise and humble and overcoming difficulties. They also had a prayer time after which prasadam was distributed, after that, they all had a yummy meal together.



#### International Peace Day

Is observed in on the 21st of September. Aarohan celebrates it every year with events promoting harmony, unity, and conflict resolution. We hosted workshops, awareness campaigns, cultural events, and interfaith dialogues to foster peace and understanding. These activities aim to create a more peaceful and tolerant world by bringing people from diverse backgrounds together in the spirit of peace



#### Poshan Maah

Is a significant initiative that underscores the critical importance of nutrition in the lives of individuals, particularly children. Conducting awareness sessions on healthy food habits during POSHAN MAAH is vital as it empowers children with knowledge about the benefits of nutritious eating. These sessions at Aarohan used it to educate the children and individuals on making 'wise dietary choices' but also instill an understanding of how proper nutrition is fundamental for their overall growth and development. By emphasizing healthy food habits, POSHAN MAAH aims to combat malnutrition, enhance physical and cognitive development, and ultimately contribute to the well-being of children, ensuring they have a healthy and brighter future.













#### Janmashtmi Celebration

Embracing the essence of Krishna on this special occasion.

We marked Janmashtami 2023 in the presence of Mr Vikas Mittal and Members from linner Wheel Club, uniting in celebration of this beloved festival. It was a joyous and spiritually enriching observance.



#### Health and Awareness Camp

Conducted a Health, Vaccination, and Awareness Camp aiming to promote health and knowledge within the community. Let's work together to improve our community's well-being and ensure everyone has access to important vaccinations and health information.



#### Teachers Day Celebration

Celebrated Teachers' Day with gratitude and respect for educators who shape young minds. The event featured heartfelt tributes. interactive sessions. and activities to express appreciation. It was a meaningful gathering, highlighting the pivotal role of teachers in nurturing knowledge and character in the community.



### Literacy Day

Activities included reading sessions, book donations, and educational workshops. This event emphasized the importance of literacy in transforming lives and communities, promoting equal access to knowledge, and empowering individuals to reach their full potential through education.









# **SUPPORT US**

We thank all Donors, Supporters, Friends, Well Wishers and appeal to you for your continuous support

Every action taken by you helps us!



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