

## SAMVAAD



### PRESIDENT'S DESK

“The past quarter has truly been a milestone in Aarohan’s journey of transforming lives through education, health, and community empowerment. Our focus on innovative teaching practices and impactful collaborations—such as those with **Aide et Action**, Capgemini, and Amity University—has reinforced our commitment to creating meaningful change. These partnerships not only inspire the youth to contribute but also expand the reach of our mission.

This quarter, we were deeply honored to receive recognition from **NACO**, **USAID**, and **Sattva** for our community-led initiatives, a testament to the collective effort and resilience of our team.

Additionally, the unwavering support from **SVP** has been instrumental in strengthening our leadership and preparing Aarohan to grow holistically, positioning us for even greater leaps in the future.

As we continue on this journey, I extend my heartfelt gratitude to our donors, partners, and community members for their trust and support. Together, we are building a brighter, more inclusive tomorrow.”

Warm Regards,  
Rani Patel  
President, Aarohan

## Capacity Building

On July 20, 2024, Aarohan NGO organized a Capacity Building Session for our educators. The session aimed to enhance teaching methodologies, foster innovation in classrooms, and empower educators with modern tools and techniques for effective learning.

Through interactive workshops, group activities, and knowledge-sharing, the educators gained valuable insights to address diverse student needs and create inclusive learning environments. The session also emphasized Aarohan's commitment to nurturing holistic education and equipping educators with the skills to inspire and uplift underprivileged communities. Such visits greatly enhance the organization's capacity, bringing valuable learning and growth opportunities.



## Health Camp

As part of our ongoing efforts to ensure the overall well-being of children and families within the marginalized and ragpicker communities, Aarohan organized a health check-up camp in Nathupur, Gurugram, on 24th August 2024. The aim was to provide essential health services, raise awareness, and monitor the children's and their families' physical development.

The camp's objective was to assess the health status of children and their mothers, provide necessary medical consultations, and educate them on maintaining a healthy lifestyle. This initiative also focused on ensuring that the children and their Parents continue physically and mentally thriving.



## Independence Day

Aarohan celebrated India's 78th Independence Day across all its centers, with a particularly heartwarming event held at the Gurugram Center. Aarohan's Founder and President, Mrs. Rani Patel, and Treasurer, Mr. Shashi Sahai, joined the rag picker community children to mark this significant occasion.

The event began with the unfurling of the Indian tricolor by Mrs. Rani Patel and Mr. Shashi Sahai, accompanied by the resonant voices of students and staff singing the national anthem, filling the atmosphere with patriotic fervor.

A dance medley on patriotic songs and a stirring rendition of "Vande Mataram" moved everyone, fostering a deep sense of national pride.

Mrs. Rani Patel emphasized the transformative power of education, especially for young girls, inspiring students to dream big and pursue their goals relentlessly.

Mr. Shashi Sahai reminded everyone of the value of freedom and the responsibilities it brings, urging students to contribute positively to society.

The celebration concluded with refreshments, including cake, biscuits, and chocolates, bringing smiles to the faces of the children. A collective promise by the students to uphold the values of education and empowerment marked the perfect end to the event. The day was a testament to Aarohan's commitment to nurturing young minds and instilling values that empower them to become future leaders.



## Krishna Janmashtami

On August 26, 2024, Aarohan NGO celebrated Krishna Janmashtami with the gracious presence of Mrs. Renu Agarwal and her team from the Rotary Club, Malviya Nagar, Delhi. Their visit brought immense joy to the Aarohan center as they distributed a delicious meal to the children, spreading kindness and festive cheer on this special occasion.

The celebration commenced with Aarohan students performing soulful spiritual songs dedicated to Lord Krishna, creating a devotional and joyous atmosphere. The children enthusiastically embraced the festive spirit, making the event vibrant and memorable.

This thoughtful initiative by the Rotary Club, led by Mrs. Renu Agarwal, was met with heartfelt gratitude from everyone at Aarohan. Their efforts brought smiles to the children's faces, making the celebration even more special.



## Orientation of the Interns

Amity University organized a virtual session on enhancing the role of interns in social work, with participation from teams across various organizations, including Aarohan NGO. The session, chaired by Prof. (Dr.) Balvinder Shukla, Vice Chancellor of Amity University, and Mrs. Rani Patel, Founder of Aarohan NGO, focused on addressing challenges faced by interns and their contribution to impactful initiatives.

Mrs. Patel emphasized the importance of hands-on community engagement, while Prof. Shukla proposed tailored training programs to enhance practical skills. The session fostered collaboration among participants, ensuring interns are better prepared to contribute meaningfully to societal change.



## Master Peace

On September 3rd, Aarohan's Founder and President, Mrs. Rani Patel, officially joined the Global Family International Cities of Peace under the visionary leadership of Fred Arment. This achievement represents a significant milestone in Aarohan's ongoing mission to promote peace, unity, and empowerment within diverse communities.

Becoming part of this global initiative underscores our shared commitment to creating a sustainable and harmonious world. Together with like-minded organizations and leaders worldwide, we aim to amplify efforts toward fostering understanding, collaboration, and positive change.

## International Peace Day Celebration at Aarohan NGO

Aarohan NGO celebrated International Peace Day across all its branches, emphasizing the values of peace, unity, and non-violence. Staff and students engaged in discussions and activities focused on promoting peace in their communities and daily lives. The day culminated in group photos, symbolizing unity and collective spirit. The celebration reinforced Aarohan's commitment to fostering peaceful environments and inspired everyone to contribute to a more harmonious world.





## Nutrition Awareness Session and Distribution of Multivitamins

On 23rd September, Dr. Sandhya from Mankind conducted a nutrition awareness session for Aarohan students. The session focused on the importance of proper nutrition and hygiene habits. Multivitamins and vitamin-fortified biscuits were distributed to reinforce the nutritional message. The initiative was well-received, empowering students to adopt healthier lifestyles. thanks to Dr. Sandhya and Mankind for their support in promoting health and well-being.



## Empowering Mothers:

A special sessions were held at aarohan Centers in the month of September -Poshan Maah, focusing on raising awareness about nutrition and healthy eating habits. The session brought together the parents of students to discuss the importance of balanced diets and how proper nutrition ,ygiene practices, and the significant The session successfully encouraged the parents to take an active role in improving the nutrition of their children, reinforcing Aarohan's commitment to promoting health and well-being in the community.

## STREE-

an initiative to teach the mothers transforming lives and fostering self-reliance among women in . By the end of September, significant progress has been made as we have successfully reached out to **48+** community parents. This initiative not only empowers women but also strengthens families, paving the way for a brighter, more sustainable future.



## Empowering Transgender Lives

Aarohan NGO promotes inclusion by empowering the transgender community through skill development in fashion design, computers, beautician courses, and housekeeping. These programs enhance employability, boost confidence, and nurture creativity. Aarohan bridges opportunity gaps, enabling participants to break stereotypes and build dignified careers. Together, we create an inclusive society where individuality is celebrated.



## Taekwondo

Aarohan NGO and postgraduate students from Meerut with NCC training, visited the Noida project site to conduct an engaging class. The session included lessons on basic literacy, communication, and creative thinking, enhanced with team-based games and interactive teaching aids. Drawing from their NCC experience, they introduced leadership activities focusing on discipline, confidence, and teamwork. The students participated enthusiastically, and the interns demonstrated excellent teaching and leadership skills, creating a productive and enjoyable learning experience.



## Neurodiversity and Intellectual Disabilities (Inclusive Duniya)

Aarohan NGO conducted an engaging session on Neurodiversity and Intellectual Disabilities under its "Inclusive Duniya" initiative, aiming to raise awareness and promote inclusivity among children. The session introduced the concepts of neurodiversity and intellectual disabilities through interactive storytelling, group discussions, and relatable examples, helping children understand and appreciate diverse neurological and intellectual abilities. By emphasizing the importance of inclusivity, the session highlighted how understanding and respecting differences can contribute to building a more compassionate and inclusive society. The children actively participated and provided overwhelmingly positive feedback, with comments such as, "Really good and great session," and "We would love to hear more such stories." Their engagement and enthusiasm reflected the success of the session in fostering awareness and sparking interest in these critical topics. Aarohan remains committed to conducting more such initiatives to continue spreading awareness and encouraging acceptance of diversity.

## HUDCO's Painting Competition

On World Habitat Day, HUDCO organized a Painting Competition to raise awareness about human settlement issues. Eleven Aarohan students participated across Junior (8-11 years) and Senior (12-14 years) categories, showcasing their creativity through art and crafts on critical habitat themes. Participants received gifts, refreshments, and lunch, adding to the memorable experience. Chief Guest, Mr. DCP M.A. Nagraj, and General Manager, Neelam Pandey, praised the students' efforts, inspiring them to think critically about global challenges. The event provided a platform for Aarohan students to voice their perspectives meaningfully.





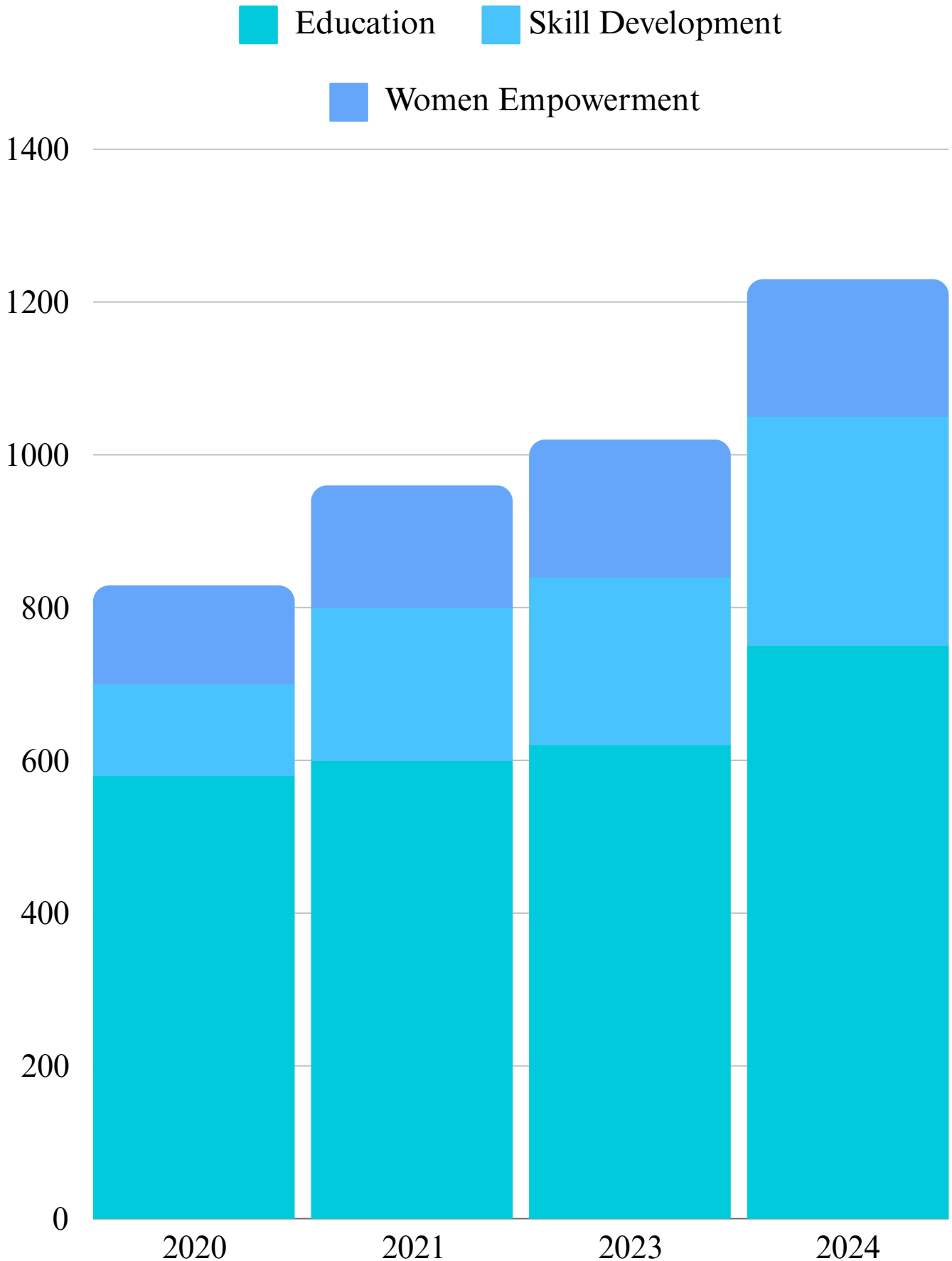








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**Thank You !**